



Nourish Recipe

## Balsamic Vinaigrette

Servings: 32

### What you'll need



measuring  
spoons



measuring  
cups



blender

### Nutrition Facts

Serving Size 2 Tbsp

Servings 32

Amount Per Serving

**Calories** **249**

% Daily Value

**Total Fat** 28g **36%**

Saturated Fat 4g **20%**

**Cholesterol** 0mg **0%**

**Sodium** 65mg **3%**

**Total Carbohydrate** 1.5g **1%**

**Dietary Fiber** 0g **0%**

**Sugars** 1.2g

**Protein** 0.1g

Vitamin D 0mcg **0%**

Calcium 2mg **0%**

Iron 0mg **1%**

Potassium 18mg **0%**



### Ingredients

1 cup balsamic vinegar

1 cup red wine vinegar

1 quart olive oil

1 full shallot, chopped

½ Tbsp Dijon mustard

1 Tbsp fresh basil, chopped

¼ tsp kosher salt

¼ tsp pepper

2 Tbsp honey (optional)

### Instructions

1. Add all ingredients to blender and blend until smooth.



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