

Custom Program Planning Template

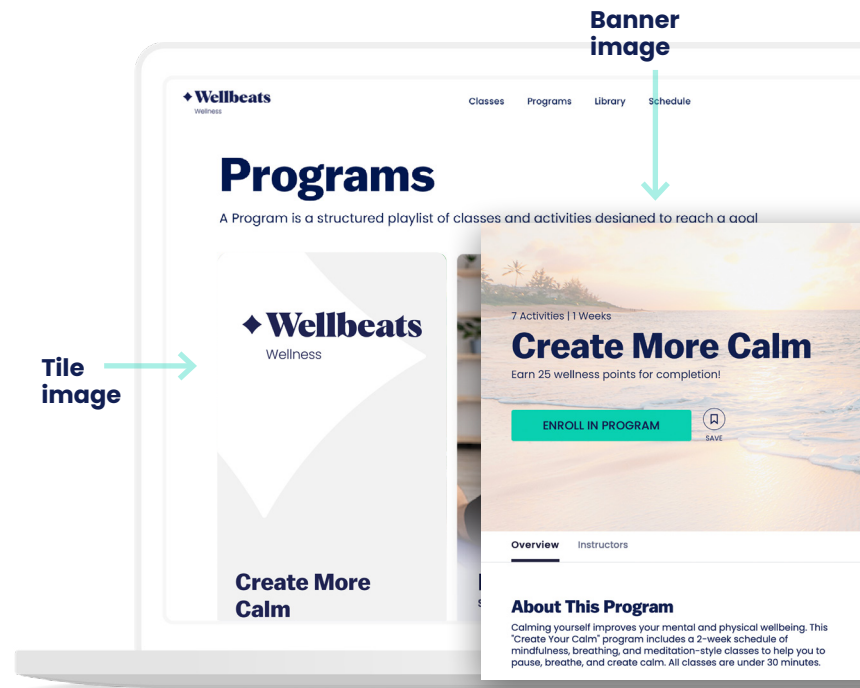
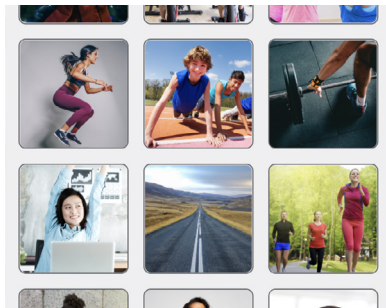
Interested in creating your own custom program on Wellbeats *Wellness*, a product of LifeSpeak Inc.? Use this template to help you plan and build out your program.

Program Name	
Reward Details (optional)	
Program Duration	
Sub Header 1 + Description 1	
Sub Header 2 + Description 2	
Program Start Date	
Program End Date (optional)	
Enrollment Start Date (optional)	
Enrollment End Date (optional)	

Program Images

Each Wellbeats *Wellness* program requires a tile image and a banner image.

You can choose from a variety of ready-made program images or create and upload your own.



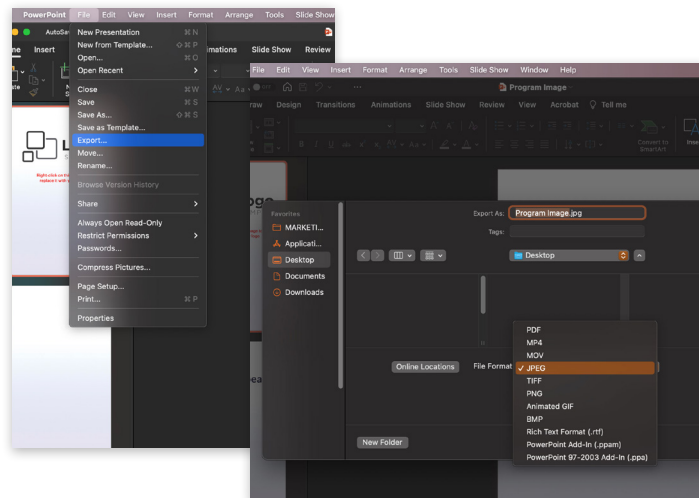
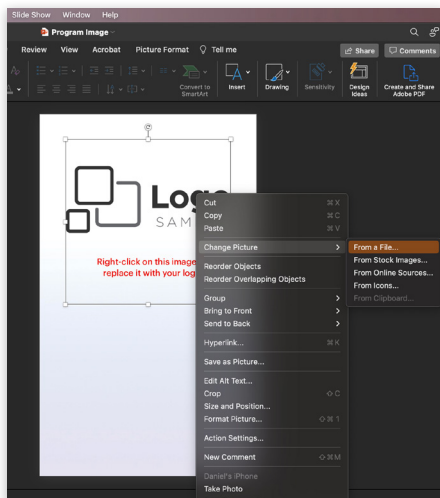
Creating Your Own Program Images

TILE IMAGE:

We recommend adding your logo as your program's tile image to help your members easily find your program. Use the PowerPoint template included in the Programs Toolkit to correctly size your image. The PowerPoint template is located in the **Editable Custom Program Images** folder in the Programs Toolkit.

- Program Image.pptx
- Legacy Challenge Image.pptx (*required for the legacy platform*)

Open each PowerPoint document. Right-click on the logo sample image and select **Change Picture > From a File...** Select your logo file on your computer. Export each PowerPoint slide under **File > Export...** Save as a JPEG or PNG file format. Upload the new file to Wellbeats *Wellness*.



Banner Image:

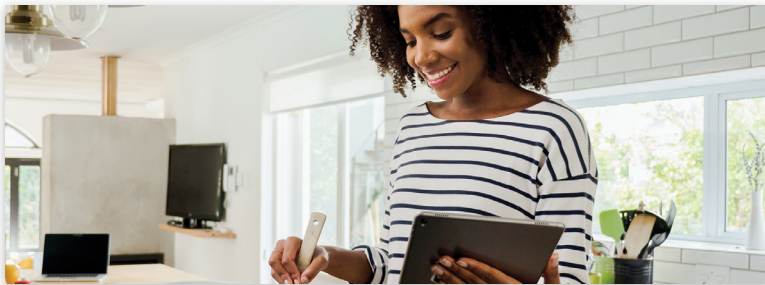
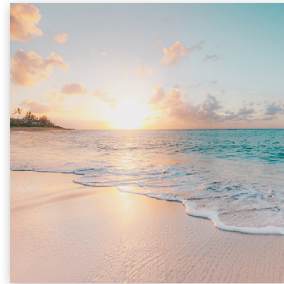
We recommend choosing a banner image from the folder included in the Programs Toolkit titled: **Program Images**. You will need to upload both the banner image and matching mobile image. If possible, find an image or color that matches the goal or theme of your program.

Examples:

Program Banner Image



Mobile Banner Image



Please note: we do not recommend adding your logo to the banner image. This may cause the program text to overlap with your logo in the image. If you prefer this option, you can find PowerPoint templates in the Programs Toolkit under:

- Program Banner Image.pptx
- Mobile Banner Image.pptx

Open each PowerPoint document, then add your own imagery. Export each PowerPoint slide under **File > Export...** and save as a JPEG or PNG file format and upload to Wellbeats *Wellness*.

Class and/or Activity Selection

Use the below template to add the classes and/or activities you would like to include in your custom program. We suggest reviewing your Monthly Aggregate Report or Wellbeats *Wellness* Standard Programs Catalog for inspiration.

Program Planning	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							
Week 6							
Week 7							
Week 8							