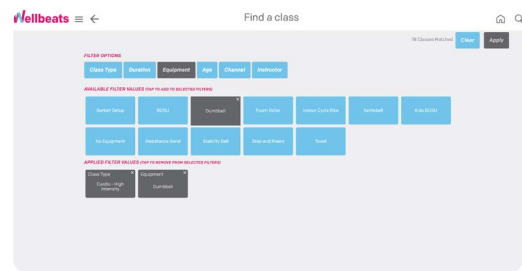


# Wellbeats™

## Welcome to Wellbeats!

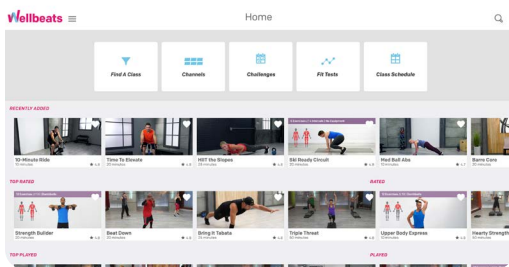
This Wellbeats touchscreen kiosk offers virtual fitness classes for every age, level, and ability. Our user-friendly filters make it easy to find exactly what you're looking for.

## Find a Class



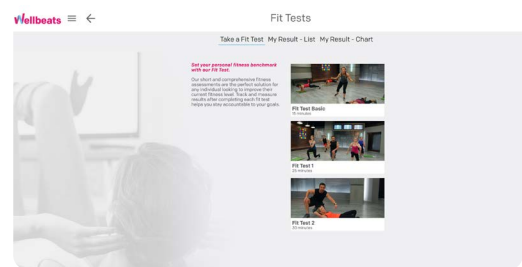
This feature allows you to filter classes by class type, duration, equipment, and more.

## The Basics



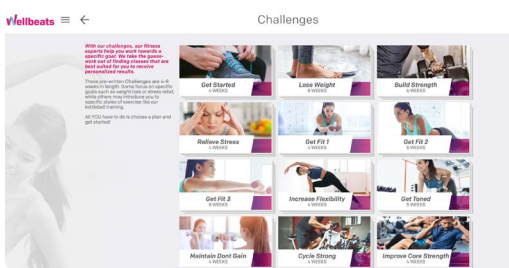
1. Walk up to the Wellbeats kiosk
2. Explore classes via the homepage, search function, Find A Class filter, or Channels page
3. Select desired class
4. Press play

## Challenges



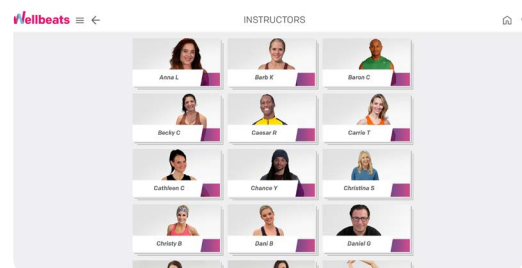
Goal-based challenges provide you a road map to reaching your fitness goals. Available plans include Lose Weight, Build Strength, Get Fit, and more.

## Fit Tests



You can benchmark and track your results with Wellbeats app-based Fit Tests. These 10 – 20-minute workouts incorporate timed activities from our various classes.

## Instructors



Our team of certified instructors are passionate about helping you reach your full potential through our results-driven programming.