



MAKE SCREEN TIME A GOOD HABIT



Fitness Made Easy

You have exclusive access to Wellbeats: an on-demand fitness platform with 500+ workouts, nutrition and mindfulness classes for all ages, levels, and interests. Play on your personal devices at home or on-the-go and find recommended challenges to keep you motivated. No matter where you are in your fitness journey, Wellbeats has a starting place for you.



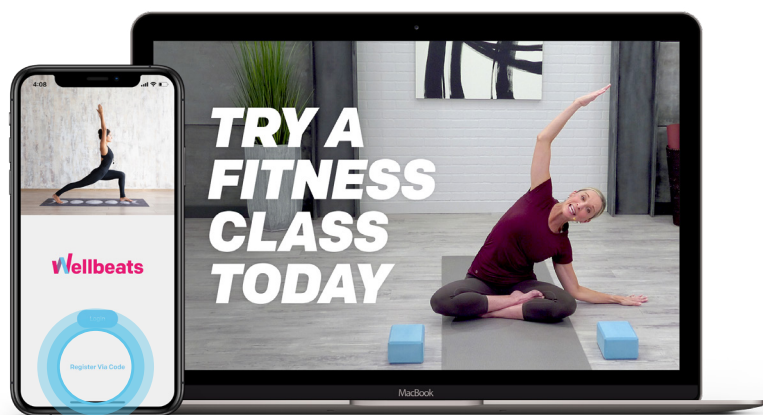
Fitness For the Whole Family

With workouts for all ages from toddlers to seniors, Wellbeats can be used by all members of the family.



Learn More

To learn how to use Wellbeats, check out the 5-minute Wellbeats Navigation Tour Video at wellbeats.com/faqs.



▶ Get started

Get started by downloading the Wellbeats App or visiting the website portal: portal.wellbeats.com



Register Via Code

Please use the invitation code below to sign in to Wellbeats.

Invitation Code