



## How to Schedule a Class and Invite Others Guide

*For Wellbeats Members*

### About This Guide

Learn how to schedule classes in advance and add to your calendar. You can also invite others to join you virtually. After scheduling a class, you will receive reminder prompts when it's time to start.

#### How to Schedule a Class and Invite Others

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Go to <https://portal.wellbeats.com> and log into your Wellbeats account.



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