

Wellbeats™

Healthy together



Learn, play, and have some fun with on-demand health and fitness classes for KIDS!

Includes age-appropriate activities and exercises for
kids of all ages to:

- Develop fundamental movement skills
- Build strong bones and muscles
- Improve focus, sleep, and energy levels

Make screen time a **good** habit with Wellbeats
classes for kids!

Ready to start?

Log in to your Wellbeats account,
find a class, and press play!

portal.wellbeats.com

support@wellbeats.com