

# How to Access Wellbeats on a Laptop

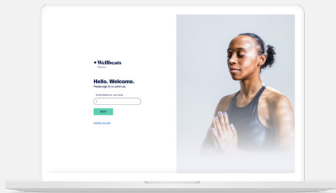
Wellbeats *Wellness* is your virtual wellness offering to help you live a healthier life. Access 1,200+ fitness, nutrition, and mindfulness classes for all ages, levels, abilities, and interests - right from your laptop!



## HERE IS HOW TO PLAY WELLBEATS WELLNESS CLASSES ON YOUR LAPTOP

1

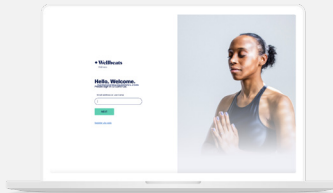
Visit [portal.wellbeats.com](https://portal.wellbeats.com) on your preferred web browser.



2

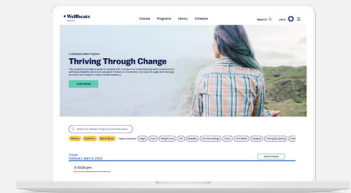
Enter your username and password.

(If you received an invitation or promo code, select "Register via code" instead and enter your code)



3

Once signed in, you can start playing classes!



## RECOMMENDED WEB BROWSERS:



Google Chrome



Mozilla Firefox



Apple Safari



Edge

**To ensure highest performance and security, please ensure your preferred browser is up-to-date.**

If you experience any trouble, please try the following:

- Clear your web browser's cache
- Restart your web browser
- Disable extensions in your web browser
- Try a different web browser

**Need additional help?**

Contact Wellbeats *Wellness* Support at [support@wellbeats.com](mailto:support@wellbeats.com)