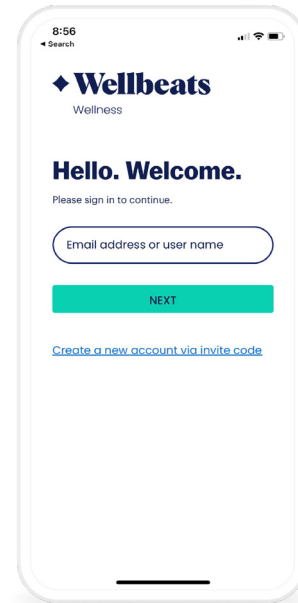


How to Update the Wellbeats App

Keeping your Wellbeats *Wellness* app up to date ensures high-quality performance, app stability, and always accessing the latest and greatest features on Wellbeats *Wellness*! To never miss an update, we recommend setting your apps to automatically update.

Learn how to manually update your Wellbeats *Wellness* app or set your apps to automatically update:



FOR APPLE USERS

How to manually update the Wellbeats *Wellness* app on your Apple Device:

1. Open the App store.
2. Tap your profile icon at the top of the screen.
3. Locate the Wellbeats *Wellness* app, then tap Update.

How to turn on automatic updates on your Apple Device (Recommended):

1. Go to Settings.
2. Tap App Store.
3. Turn on App Updates.

FOR ANDROID USERS

How to manually update the Wellbeats *Wellness* app on your Android Device:

1. Open the Google Play store app.
2. At the top right, tap your profile icon.
3. Tap Manage apps & device. Apps with an update are labeled “Update available.”
4. Locate the Wellbeats *Wellness* app, then tap Update.

How to turn on automatic updates on your Android Device (Recommended):

1. Open the Google Play store app.
2. At the top right, tap your profile icon.
3. Tap Settings > Network Preferences > Auto-update apps.
4. Select an option:
 - Over any network to update apps using either Wi-Fi or mobile data.
 - Over Wi-Fi only to update apps only when connected to Wi-Fi.



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