**Wellbeats Pre-Launch: Social Media Template**

**Directions:** Upload the image and copy the verbiage below and paste into a post on your social media platforms. Please remove the text in red and add your company’s information and any custom login information details (optional).



It’s official, [enter your company name here] employees… you now have access to a virtual wellness benefit to help you live a healthier life: **Wellbeats *Wellness*, a product of LifeSpeak Inc.** 🎉

This includes 1,200+ fitness, nutrition, and mindfulness classes for all ages, levels, abilities, and interests. Whether you’re an expert at yoga or new to running, looking for ways to eat healthy or stay on track, Wellbeats *Wellness* is for everyone.

Go to the Wellbeats *Wellness* website portal at [portal.wellbeats.com](https://portal.wellbeats.com/#/home/) or download the Wellbeats app to get started.

[Enter any custom login information details here]

Drop a comment below and let us know what type of class you plan on trying first:

💪 = fitness

🍎 = nutrition

🧘 = mindfulness

#WellbeatsWellness