

# Welcome to Wellbeats

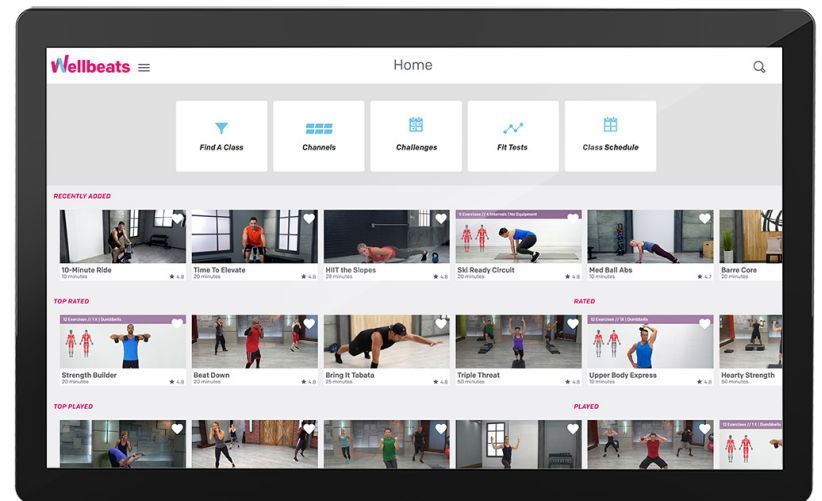
On-Demand Workouts to Help You Live a Healthier Life

Wish you had a personal trainer at your fingertips? Looking for an expert-led, tried-and-true program to reach your goals?

Wellbeats is an on-demand video streaming platform with fitness and wellness classes for all ages, levels, abilities, and interests. Whether you're an expert at yoga or new to cycling, looking to build strength or improve mobility, Wellbeats offers high quality, expert-led training and support—**just find a class, and press play.**



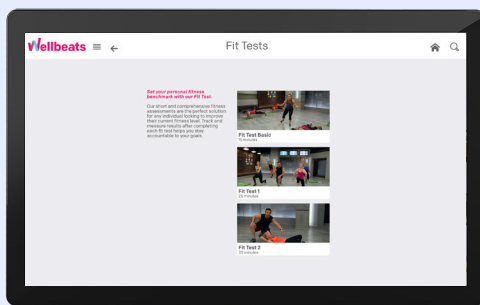
Easy Access to Thousands of Workouts



On the Wellbeats home screen, you will find a diverse selection of new, top-rated, and top-played classes.

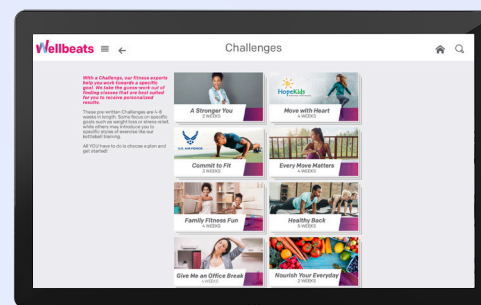
Simply select a class and press play.

## Track Your Progress Over Time



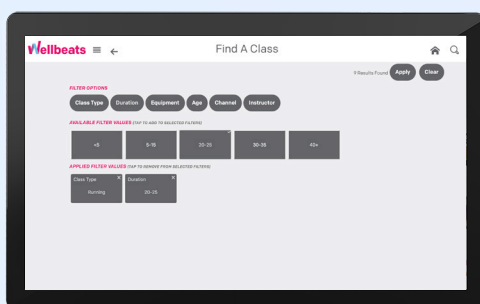
Assess your fitness level with a Wellbeats Fit Test! On the Wellbeats home screen, select **Fit Tests** for timed exercises to measure and track your results.

## Follow a Plan to Reach Your Goals



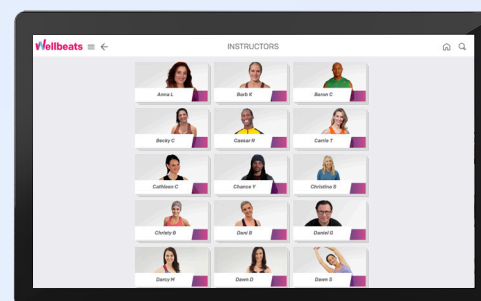
Interested in building strength? Losing weight? Increasing flexibility? On the Wellbeats home screen, select **Challenges** to join a plan according to your goal.

## Find What You Need When You Need it Most



Love barre? Looking for a beginner-level class? On the Wellbeats home screen, select **Find a Class** to filter according to your interests.

## A Supportive Team at Your Fingertips



Our team of highly credentialed, friendly instructors are passionate about helping you reach your full potential.