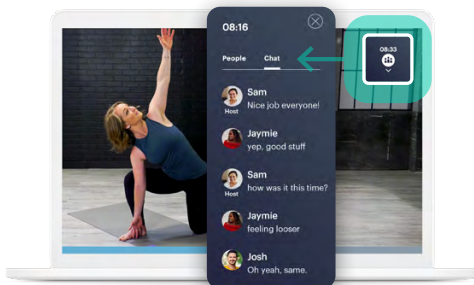
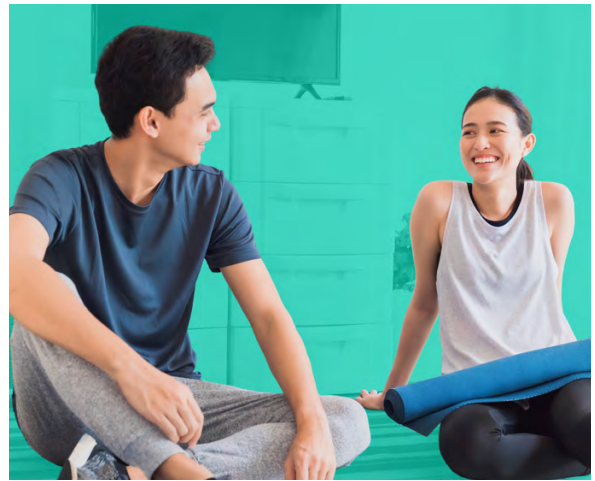


Stay Healthy Together

Share Wellbeats *Wellness* with Family and Friends

Looking for more accountability and support to live a healthier life?

Invite others to join Wellbeats *Wellness*, a product of LifeSpeak Inc., with you and stay healthy together—whether a spouse, friend, family member, or neighbor!



CELEBRATE PROGRESS

Cheer on your friends, share encouraging messages, and celebrate each other's wins.



CHALLENGE OTHERS TO A WORKOUT

Enjoy working out with others? Schedule classes together and chat in real time to stay motivated and on track.



COOK ALONGSIDE FRIENDS—VIRTUALLY

Learn new kitchen skills while cooking delicious recipes in a fun and engaging experience from the comfort of your own kitchen.

Ready to get started?

In your Wellbeats *Wellness* account, select “**Profile**” in the drop-down menu and choose “**Sub-accounts**” to invite others to join Wellbeats *Wellness*.

Invitees will receive the same unlimited access to 1,000+ fitness, nutrition, and mindfulness classes. Valid for up to 5 others per account. Invitees must be at least 14 years of age.



Download the app on the App Store, Google Play, or Apple TV

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support@wellbeats.com