

Strawberry Vinaigrette

YIELD: 12 SERVINGS

Dairy-free

RECIPE CUSTOMIZATION

To make it gluten-free, use a gluten-free jam

To make it low-FODMAP, swap the honey for maple syrup

INGREDIENTS

¼ cup strawberry jam

¼ cup champagne vinegar

2 Tbsp honey

1 Tbsp Dijon mustard

1 Tbsp dry basil

1 Tbsp salt, kosher

¾ cup olive oil

DIRECTIONS

1. Place all ingredients in a mason jar and tightly screw on the lid.
2. Vigorously shake the jar until all ingredients are combined.



Share your healthy eats
with us @Wellbeats



Strawberry Vinaigrette

NUTRITION FACTS

Serving size 1 (1oz)

Amount Per Serving	28g
Calories	120
	% Daily Value
Total Fat 13.6g	21%
Saturated Fat 1.9g	9%
Cholesterol 0mg	0%
Sodium 597mg	25%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	1%
Sugars 3g	
Protein 0g	0%
Vitamin A	0%
Vitamin C	3%
Calcium	1%
Iron	2%