**Physical Wellbeing & Preventive Health: Intranet Template**

**Directions:** Copy the image and verbiage below and paste into your intranet or internal communications portal. Remove the text in red and add your contact information.



Summer's here so let's make it your healthiest yet! Wellbeats has programs for everyone, no matter your fitness level. Plus, get expert tips for staying well.

As part of your benefits with Wellbeats, you'll find everything from beginner routines to challenging classes, and even ways to celebrate Pride Month. Find your perfect summer workout and feel your best!

[**Fitness Programs**](https://portal.wellbeats.com/programs)

Make this your healthiest summer yet! Explore Wellbeats today.

For any questions, please contact [enter your contact information here].