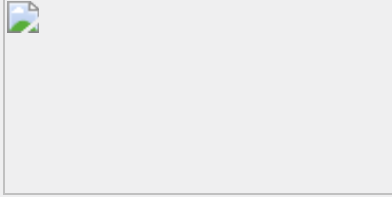


{{#greaterThan (length logopath) 0}}



{{/greaterThan}}



Prize up for grabs!

Healthy Together



{{{company}}} has provided you with free access to Wellbeats Wellness, a product of LifeSpeak Inc. that includes on-demand fitness, nutrition, and mind-body classes.

Hi {{{firstname}}},

We believe that taking care of ourselves is something truly special, and it's even better when we can do it together. Wellbeats *Wellness* is a wonderful resource designed to support your health and happiness.

Wellbeats offers a diverse and welcoming collection of on-demand fitness activities, nourishing meal ideas, calming relaxation practices, and so much more. It's like having a supportive companion on your wellbeing journey, with options for every interest and level.

Complete 40 minutes playing any Wellbeats *Wellness* class from July 30th – August 31st for a chance to win a prize!

Play A Class

Staying Healthy Together

Remember you can [invite your friends, family or colleagues to join](#) you this month to make it even more special.

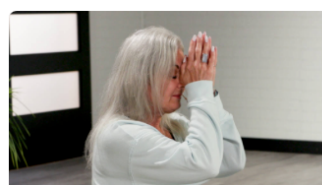
Looking for some classes to do with others? Below we have compiled a few just for you:



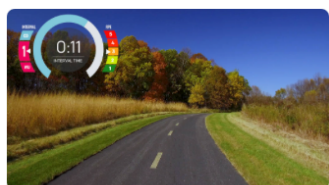
Get Kids Interested in Nutrition
6 mins | ★ 4.7 (142)



FUNDamentals
20 mins | ★ 4.5 (4730)



Guided Meditation
26 mins | ★ 4.7 (368)



Hills & Intervals
26 mins | ★ 4.8 (842)



Simply Barre
24 mins | ★ 4.9 (268)



Lavender Lemonade
2 mins | ★ 4.6 (412)



Ready to get Started?

Start today by logging into Wellbeats via mobile app or [internet browser](#).

Your Username: {{{username}}}

Already completed the 40 minutes on Wellbeats? Awesome job! Keep up the great work and try something new on Wellbeats *Wellness*.

Note: Your Wellbeats Wellness account has already been created for you by {{{company}}}.

New to Wellbeats *Wellness*? [Watch this short video](#) for a preview of classes.

[Wellbeats Help Center](#)
[Contact Wellbeats Support](#)



[Unsubscribe](#)