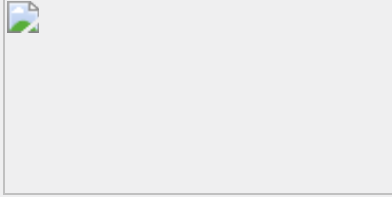


{{#greaterThan (length logopath) 0}}



{{/greaterThan}}



Prize up for grabs!

Healthy Together



{{{company}}} has provided you with free access to Wellbeats *Wellness*, a product of LifeSpeak Inc. that includes on-demand fitness, nutrition, and mind-body classes.

Hi {{{firstname}}},

Wellbeing is always better when it's shared, and with Wellbeats *Wellness*, it's easier than ever to stay active, eat well, and feel grounded ... together.

Whether you're teaming up with a friend, a colleague, or just showing up for yourself, you'll find something to support your health goals:

- Energizing fitness classes
- Calming mindfulness sessions
- Simple, healthy recipes
- Fun family activities

Complete just 40 minutes of Wellbeats *Wellness* content between July 30 and August 31, and you'll be entered to win a prize. It's a great reason to get moving - and maybe even invite someone to join you!

Play A Class

Staying Healthy Together

You can invite others by [scheduling a class](#) and adding them to the class schedule. Because what better way to care for each other than keeping healthy together.

Looking for some classes to do with others? Below we have compiled a few just for you:



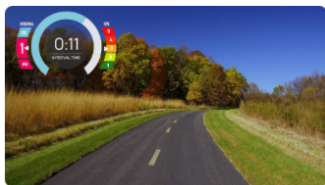
Get Kids Interested in Nutrition
6 mins | ★ 4.7 (142)



FUNdamentals
20 mins | ★ 4.5 (4730)



Guided Meditation
26 mins | ★ 4.7 (368)



Hills & Intervals
26 mins | ★ 4.8 (842)



Simply Barre
24 mins | ★ 4.9 (268)



Lavender Lemonade
2 mins | ★ 4.6 (412)



Ready to get Started?

Start today by logging into Wellbeats via mobile app or [internet browser](#).

Your Username: {{{username}}}

New to Wellbeats *Wellness* or forgot your password? [Follow these steps](#) to reset your password.

Note: Your Wellbeats Wellness account has already been created for you by {{{company}}}.

New to Wellbeats *Wellness*? [Watch this short video](#) for a preview of classes.

[Wellbeats Help Center](#)
[Contact Wellbeats Support](#)



[Unsubscribe](#)