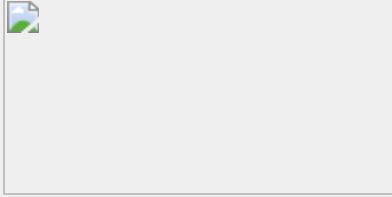
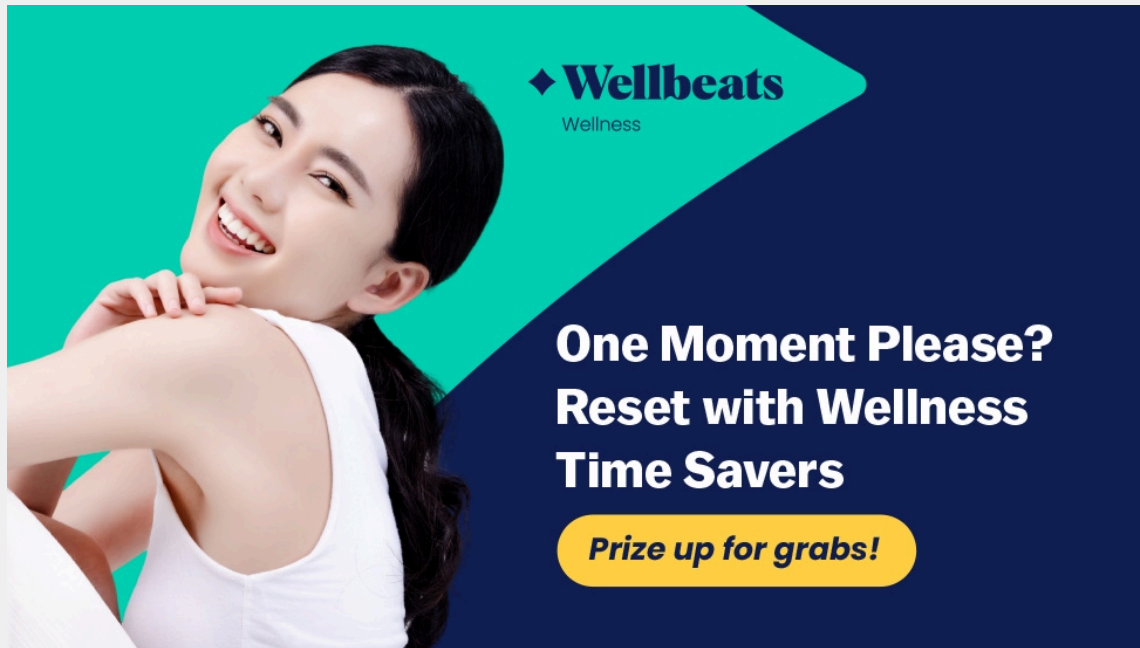


{{#greaterThan (length logopath) 0}}



{{/greaterThan}}



{{{company}}} has provided you with free access to Wellbeats Wellness, a product of LifeSpeak Inc. that includes on-demand fitness, nutrition, and mind-body classes.

Hi {{{firstname}}},

With the holidays on the horizon and work in full swing, it can be tough to find time for yourself. But taking a moment to breathe and recenter is one of the most important things you can do for your health and wellbeing.

If you haven't already, it's not too late to enroll in our **Wellness Time Savers program** and complete by **November 30, 2025**, for a chance to win a **Wellbeats accessories gift card**! With short, impactful workouts, soothing mindfulness sessions, and easy-to-follow nutrition tips, you'll be empowered to feel healthier and more balanced every day.

Get started by visiting the {{{company}}} platform today.

Already completed the program? Awesome job! Keep up the great work and try something new on Wellbeats *Wellness*.

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